

Poulsbo Middle School Remote Learning Guide

7th Grade

Week of April 27-May 1st

General Guidelines:

- This guide provides general directions and resources for students to complete their daily work. All handouts, webpages, worksheets and assessments are attached to this guide.
- Students should spend no more than thirty (30) minutes a day (Monday-Friday) for each class period that they have at PMS. (No more than three hours each day)
- Virtual Packets:
 - Each Monday morning before 9:00 this guide and the corresponding resources will be sent to all parents and student email addresses
 - Students submitting work electronically should email their work directly to the instructor's email account and/or submitted using the teacher's Microsoft Team classroom.
- Printed Packets:
 - This guide and the corresponding resources will be distributed in paper form Monday through Friday at Poulsbo Middle School during the daily food distribution 11:00-12:30.
 - Completed work will be picked up each week during the daily breakfast/Lunch distribution 11:00-12:30
- Teachers may ask students to report to them during their office hours through Zoom, Microsoft Teams, phone and/or email.
- General Office Hour Windows (Check With Individual Teachers):
 - Math: 1:30 – 2:30
 - Language Arts: 8:00 – 9:00
 - Science: 12:30 – 1:30
 - Social Studies: 10:00 – 11:00
 - PE, Arts(Performing/Visual) and Keyboarding: 9:00 – 10:00

Math

Math:

Mr. Whalen Office Hours: Tuesday and Thursday 1:30 pm to 2:30 pm

Mrs. Smart Office Hours: Tuesday and Thursday 1:30 pm to 2:30 pm

Mr. Mathison Office Hours:

This Week's Work:

[Mr. Whalen's Classes](#)

Link to Mr. Whalen's Homework Calendar with all information and other resources:

http://pms.nkschools.org/staff_sites/math_department/whalen_kenton_/calendar

If **no computer access**, complete only the textbook pages and return when picking up packet for following week.

[Mrs. Smart's Class](#)

Follow the link to access the Learning Guide for Mrs. Smart Math 7 (Click on Links to access all files and resources)

http://pms.nkschools.org/staff_sites/math_department/smart_megan/calendar

If no internet access complete packet work and return when picking up packet for following week.

[Mr. Mathison's Class](#)

Please check One Note

Accelerated Math 7:

Mr. Whalen Office Hours: Tuesday and Thursday 1:30 pm to 2:30 pm

Mr. Tran Office Hours: Tuesday and Thursday 1:30 pm to 2:30 pm

This Week's Work:

[Mr. Whalen's Classes and Mr. Tran AC class](#) (Class code to enrolled for Mr. Tran's AC 7th Math is VR9WXHYH)

Link to homework calendar with detailed information and extra resources:

http://pms.nkschools.org/staff_sites/math_department/whalen_kenton_/calendar

If no computer access, complete only the textbook pages and return when picking up packet for following week.

Algebra:

Mrs. Fortenbacher Office Hours: Tuesday and Thursday 1:30 -2:30

Algebra Assignment April 27-May 1

1. Review Perfect Square Trinomials.

With technology: Go to Khan Academy (Class code 3MTQF389) and watch the videos and complete the exercises on perfect square trinomials that I have assigned for you. **OR**

Without technology: Review the Perfect Square Trinomial Lesson in the textbook pages 490 and 491. Complete the “Check it Outs” at the end of each example.

2. Solving Quadratic Equations by Completing the Square.

- a. Complete the 8.8 Review for Mastery

And/or

Read and Do Check it Outs in the textbook on pages 575-578.

b. ASSIGNMENT: 8.8 Practice B

c. ASSIGNMENT: Textbook pages 579-580 # 3-33 odd and 47, 49, and 61

What to turn in: Please use answer keys to check yourself FIRST. If you are consistently getting answers wrong, please redo. Ask me for help if needed. Write your name, assignment and period at the top of each page. Take a picture and e-mail to me.

8.8 Practice B

Textbook pages 579-580 # 3-33 odd and 47, 49, and 61

Virtual Learners use this link to my website, to access one note and your assignments.

<http://pms.nkschools.org/cms/One.aspx?portalId=420213&pageId=2756960><http://pms.nkschools.org/cms/One.aspx?portalId=420213&pageId=2756960>

Ms. Slack’s Gr. 7 Math Core Foundations (April 27-May1)

Ms. Slack’s office hours: Tuesday and Thursday 1:30-2:30

** Plans and attachments can now be found **on my class website.**

Follow the link below, then click on “Classroom Website” which will take you to OneNote.

Click on your class, then the week, and you’ll find the plans, links and attachments you need.

http://pms.nkschools.org/staff_sites/math_department/slack_townley

Plans are also posted in MSTeams under “Files” then “Class Materials”

**NOTE: If you do not have access to the Holt online textbook (my.hrw.com), please email to let me know.

tslack@nkschools.org

Resource Math

Ms. Pitner Office Hours :

Tuesday, Thursday 1:30-2:30

Learning Target:

- I will understand of addition and subtraction of fractions as I prepare to extend their value in forming fraction equivalence and decimals.

Daily Work:

Monday: Continue working on assigned work in Khan Academy. Please email me if you are having difficulty,

Tuesday: Zoom Class: 1:30-1:50 (Ms. Pitner/Ms. Tamara available for additional help after that on an as-needed basis)

Wednesday: Work will be discussed in Tuesday's Zoom class, and assignments will be based on how all of you are doing. Additional assignments (if required) will be placed in your personal Khan account Tuesday evening)

Thursday: Zoom Class: 1:30-1:50 (Ms. Pitner/Ms. Tamara available for additional help after that on an as-needed basis)

Friday:

- Continue working on assigned work in Khan Academy. Please email me if you are having difficulty,
- Please complete work by 3:00 on Friday, so I may enter grades.

Language Arts

Language Arts

Mrs. French Office Hours: 8:00-9:00 Tuesday and Thursday

Ms. Bukosky Office Hours: 8:00-9:00 Tuesday and Thursday

Week 3 Distance Learning

7th English Ms. Bukosky and Mrs. French

Reading schedule for *Walk Two Moons* by Sharon Creech

Dates	Chapters	Pages
April 20 th - May 1 st	1 -11	1-67
May 4 th -8 th	12-17	68-103
May 11 th - 15 th	18-22	104-136
May 18 th -22 nd	23-27	137-169
May 26 th -29 th	28-32	170-210
June 1 st – 5 th	33-39	170-210
June 8 th -12 th	40-44	245-276
June 15 th -19 th	End of book activity	

Please choose either Option One or Option Two to help you keep track

Option One - Graphic Organizer

As you read, keep track of the characters, places, and events by keeping a graphic organizer. It would be helpful to keep notes for each week's assigned reading.

Example—

April 20th to May 1st

Character	Description	Events	Places	Conflict
Sal—Salamanca Tree Hiddle.	Narrator, 13 year old girl who lives with her dad. She misses her mom who left to go to Lewiston Idaho	Tells stories of her life when she and her father move to Kentucky and she takes a trip with her grandparents.	Moves from Bybanks, Kentucky to Euclid, Ohio.	Misses her mom, her old house. Doesn't like her dad's friend Margaret
Grams, and Gramps	Sal's grandparents who are very eccentric.	Take Sal on a road trip to find her mother.		
Phoebe Winterbottom	First friend Sal meets in Ohio. Lives with her family.			

This is just an idea to get you started.

You might also decide to keep track of characters, by creating a page for each one and keep track of character traits, conflicts

If you do not want to keep a graphic organizer for the story, you may instead choose to answer questions for each chapter that we will post each week. Here are questions for the 1st 11 chapters.

Option 2—questions to answer as you read.

Chapters 1-11 Please answer the following in complete sentences.

1. Who is telling the story?
2. How does Sal find herself in Ohio?
3. What do you think is the importance of the plaster wall in the old house in Bybanks, Kentucky?
4. What are a few reasons for Sal accompanying her grandparents on their car trip?
5. How does Sal fit in at her new school?
6. What is distinctive about Margaret's mother?
7. What happened to Mr. Cadaver? (how does Phoebe explain what happened)
8. What do you think of Sal's grandparents?
9. How did life change for Sal after her mother left?
10. How does Sal's story about "the lunatic" reveal a lot about Phoebe?
11. What is the message delivered to the Winterbottom porch? What do you think it means?
12. Why doesn't Sal send postcards?
13. What does the second message left on the Winterbottom's porch say? How would you interpret that message?

[Agate Language Arts](#)

Mrs. French Office Hours: 8:00-9:00

This Week's Work:

Read to page 71 (Executive Orders)

Study guide questions are in OneNote and Teams

Directions for completing the Visual Journal pages will be given once I get the sample pages uploaded for you to see.

[Resource Language Arts](#)

Ms. Pitner Office Hours :

Tuesday, Thursday 8:00-9:00 (Zoom Class 8:00-8:20)

Please make sure you have your personal Journal and a pencil ready when each Zoom Class begins, and send me copies of your notes and completed work assigned during Zoom time by 3:00 Friday (or other date, if assigned) for credit.

Learning Targets:

- I can analyze the main ideas and supporting details presented in different media and formats. (SL.7.2)

- I can build on others' ideas during discussions. (SL.7.1)
- I can analyze photos, videos, and quotes to find a central theme.
- I can synthesize the ideas of my classmates with my own.

Required Reading for this week:

"Lyddie" chapters 5-8

Daily Work:

- Monday: Work on Chapter 1-4 summary worksheet
- Tuesday: Zoom Class from 8:00-8:20 (Ms. Pitner available for additional help after that on an as-needed basis) **Chapter 1-4 Summary Due 3:00 Today**
 - Video: Is there still child labor today?
 - Class Discussion
 - Outline of week's lessons
 - Wednesday: Continue reading assigned chapters of "Lyddie"
- Thursday: Zoom Class from 8:00-8:20 (Ms. Pitner available for additional help after that on an as-needed basis)
 - Video: Online safety "who are you REALLY chatting with?"
 - Class Discussion
- Friday:
 - Finish reading assigned chapters; Chapter review for chapters 5-8 will be emailed to students today.

Social Studies

Social Studies:

Mrs. Goble Office Hours: Mondays and Fridays 10 to 11

Ms. Kim Office Hours: Tuesdays and Thursdays: 10 to 11

This Week's Work:

http://pms.nkschools.org/staff_sites/social_studies_department/hamm_jody

Goble's Learners please proceed with the completion of the map (week 26) view the documentary and answer the questions (week 27)

Review PowerPoints according to your teacher's OneNote and/or Teams. Finish questions 3 and 4. Dig deeper with question 5!

Agate Social Studies:

Ms. Kim Office Hours: Tuesdays and Thursdays: 10 to 11

This Week's Work:

Review PowerPoints according to your teacher's OneNote and/or Teams. Finish questions 3 through 5.

Parents-please forward this document this to your child's Studentnumber@nkschools.org email account so they can use the digital links

7th Grade Science Ms. Nausid/Mrs. Jez

OFFICE HOURS: This is not a required meeting but we want you to know we are here for you every Tuesday and Thursday from 12:30-1:30 to talk and help. -Mrs. Jez and Ms. Nausid

kJez@nkschools.org and Cnausid@nkschools.org are inviting you to a scheduled Zoom meeting. To join Zoom Meeting click (you may need to press the Ctrl key) or type in:

<https://nkschools.zoom.us/j/94048318500?pwd=VTIMNVUwSGYzQklrMUIDRXp3bTZlQT09>

Meeting ID: 940 4831 8500 **Password:** 027202

If you are receiving this message on paper, you need to use the copy of Chapter 14 that you received the first week. You will need to keep and use the chapter 14 packet for the whole unit.

If you are receiving this message digitally you can find the Chapter 14 packet here for both Mrs. Jez's and Mrs. Nausid's students: (you may need to press the Ctrl key and then click the link)

https://nkschools-my.sharepoint.com/:b:/g/personal/kjez_nkschools_org/EfmH3iXp81ZGt8x7-zOk4MMBh4XxIbd7CaYgawsuG44z_A?e=vVtozA

Please check Skyward regularly for grades and messages.

Week of April 27th-May 1st

Day One- Use this time to organize yourself for the week. Fill out your planner for each class for the week or use a highlighter (or change the font color if working online) to color code assignments for the week. Make all Day 1 the same color, make all of Day 2 the same color and so on. Another idea to help organize- write each day's assignment on a different color post-it note and put it on a wall calendar. As you complete the assignment, move it to a "completed" section on the calendar. Or use another method that works for you. Preview all work to make sure you have everything you need. Email your teacher if there is something you will need or questions you have about an assignment for the week.

Day Two-Read and annotate (record your thinking as you read) section 14-4 Chemical Properties and Changes or take notes.

Day Three-*Complete Section Review questions 1-2. Write out the question and answer using complete sentences.*

Day Four and Day Five-Carefully read the Chapter Review. *Then look at the vocabulary: Define each term in a complete sentence, design a word search (using all terms), or write sentences using the word correctly. You only need to do one of these 3 things.*

TURN IN ALL WORK WITH YOUR NAME, TEACHER NAME, CLASS PERIOD AT THE TOP PLEASE

Physical Education

Physical Education:

Mrs. DeVries Office Hours: Tuesday/Thursday 10:00-11:00

Ms. Reister Office Hours: Tuesday/Thursday 10:00-11:00

Here's the link to the form "Ms. Reister's PMS P.E. Fitness Log" to **turn in** your progress.

<https://forms.office.com/Pages/ResponsePage.aspx?id=eVDwjo0Z-0-IAeMW8CPcjWxQrE8QXxNChA9a-E3TCBUNjVRNDIDU1IDQ1dIVDZaS0xHVkRENE42Ri4u>

This Week's Work:

- Fill out weekly email log that was emailed to you (or on own paper). 3-5 workouts each week for 20 min.

Week #3 April 27-May 1 Home workout IDEAS

(These are just suggestions, you can do whatever exercise pleases you...just be active!)

On-line timer: (This is a handy FREE on-line timer that does everything you will need) <https://fitatmidlife.com/timer/>

10 Min. AMRAP

10 Jumping Squats

5 V Ups (modification: bend knees)

2 Wall Walks (modification: inch worm in place or bear crawl for 20 ft)

Warm Up

30 Ski Jumps

30 Forward and Back Jumps

30 Square Jumps

Then 2 Rounds

5 Up/Down Dogs

5 Rotating Side Planks (reach one arm straight up into the air, alternate arms)

5 Scissor Balls

5 Pause Squats

4 Rounds For Max Reps <https://www.youtube.com/watch?v=DgROsBrbrVQ>

1:00 Burpee Squat Jumps (1 rep = a burpee + a squat-jump)

1:00 Sit Ups

1:00 Rest

Warm Up

1 Round

:30 Jumping Jacks
:30 Split Jumps
:30 Mountain Climbers

Then 2 Rounds

3 Inch Worms w/ Push Up
5 Scissor Balls
5 Slow Squats

14 Min. EMOM

Odd Minutes - 15 Box Jumps
Even Minutes - :30 Sec. Plank

Warm Up

3 Rounds

20 Jumping Jacks
20 Shoulder Touches
10 Calf Stretches
6 Scorpions
3 Broad Jumps

Performing and Visual Arts

Band:

Mr. Walder's Office Hours: Tuesday/Thursday, 9-10am.

[Click here to join the Zoom office hour.](#) This is an opportunity for students to drop in and say hello to Mr. Walder, ask music questions, or just hang out and catch up with fellow band students

Meeting ID: 992 8839 2548

Password: 170511

Mr. Walder's email address: swalder@nkschools.org

This Week's Band Work:

7th grade: From the Essential Elements book 2, practice #127-133. Additionally, use long tones, lip slurs, or other scale patterns to warm-up before each practice session. You may use smartmusic.com to help you work out of the book. Class code for 7th grade: QLMYH-GHXXK (Percussion Ensemble code: PCWAN-K6E7J). Once you have an account on SmartMusic, practice, record, and submit the newest assignment on your own, if you have the necessary technology.

No instrument at home? Due to the shelter-in-place, we may not let students return to the band room to get their instruments. In place of practicing, search for and listen to new music everyday (jazz, classical, concert band), compose your own music with online tools, or engage with SmartMusic by using a homemade instrument (pots & pans work great!).

Submitting work: On Friday, please fill out and submit the Band Log for the week on Google forms ([click here for the link](#)). You may also fill out the paper copy in the take home packet and return to the school with any other work. *Students are expected to explore music through practicing, composing, or actively listening for 20 minutes per day!*

YouTube Livestream: Every Friday at 1:00pm, Mr. Walder will be hosting a livestream on YouTube! Join the livestream to watch Mr. Walder learn to play the trumpet, answer questions, and maybe perform some piano & clarinet duets with Mrs. Walder. [Click here to go to Mr. Walder's YouTube channel and subscribe for livestream updates](#), or manually enter this text in your URL bar:
<https://www.youtube.com/channel/UCNRvUL6sp3rvqAPutYI3y3w>

Choir:

Mrs. Gallant's Office Hours: Tuesday and Thursday, 9:00 – 10:00am

Mrs. Gallant's email address: jgallant@nkschools.org

This Week's Choir Work:

If this link does not open for you, go directly to the Choir website. The One Note documents are available there.

[Click here for document.](#) [Choose Your Music Adventure](#)

Art:

ALL ART PROJECTS AND POSTS ARE OPEN TO ALL STUDENTS DURING REMOTE LEARNING TIME, WHETHER YOU ARE CURRENTLY ENROLLED IN ART, OR NOT.

Mrs. Ebert's Office Hours: Tuesday and Thursday from 9-10am

Mrs. Ebert's Email Address: kcox-ebert@nkschools.org

I will be available on Zoom from 9:00-9:45am every Tuesday, if you have any questions, ideas, artwork to share or just want to stop by and say hello. The information is below:

KCox-Ebert@nkschools.org is inviting you to a scheduled Zoom meeting.

Topic: 7th and 8th grade Art open meeting

Time: Apr 28, 2020 09:00 AM Pacific Time (US and Canada)

Every week on Tue, until Jun 9, 2020, 7 occurrence(s)

Apr 28, 2020 09:00 AM

May 5, 2020 09:00 AM

May 12, 2020 09:00 AM

May 19, 2020 09:00 AM

May 26, 2020 09:00 AM

Jun 2, 2020 09:00 AM

Jun 9, 2020 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://nkschools.zoom.us/meeting/tJluc-yqrz4tH9RdrBCEXnt_9qIR8lf4Vo8e/ics?icsToken=98tyKuCurT8vGNWQtxyHRowAA4-gZ-rzmCVagvpvmA3HIAVrbBfJb_NrAOpzFozm

Join Zoom Meeting

<https://nkschools.zoom.us/j/96345215750?pwd=azJiRDBhNWlBeUF3QUhxU3FvSUtldz09>

Meeting ID: 963 4521 5750

Password: 819778

Join by Skype for Business

<https://nkschools.zoom.us/skype/96345215750>

This Week's Artwork: You will be well on track if you are creating 1 artwork per week (these can be small, but they must be created by you... no coloring pages please). The overall goal is 3 works for April, 4 works for May, and 2 works for June. See the assignment posts for more specific information.

New assignment ideas are posted on my website documents file as "Ebert Art Options 27 April - 1May 2020". This week's options include small junk drawer sculptures, creating a 1-page comic strip with original characters, and "The View from My Window" photo challenge.

<http://pms.nkschools.org/cms/One.aspx?portalId=420213&pageId=804955>

The current installment of “The Week in Art” is also posted there.

Choose any assignment from the options posted. You may choose a new project from the current week’s list, or look back through the past postings and choose projects from there. If you would prefer to do an art project of choice that is not listed in the assignment options, that is completely fine. Please photograph your work and attach it to an email with your name and a few sentences about it. You can tell me about the process you used to create it, why you chose to do the work you did, your thoughts or ideas about your artwork, or a critique on how it turned out, what went well, and what you might do differently if you did the project again. Whatever you wish to share with me about your work will help me understand it better. Also, if you would like for your work to show up in “The Week in Art”, please tell me that I have permission to post your work when you send your picture. I look forward to seeing what you are creating at home and hearing from you. Be well and have an excellent week. -- Mrs. Ebert

Career and Technical Education

Tech Ed:

Mr. Eaton Office Hours: Tuesday/Thursday 9-10AM teaton@nkschools.org

This Week's Work:

This link will take you to the full assignment in Microsoft Teams

<https://teams.microsoft.com/#/school//?ctx=teamsGrid> (to open link hold ctrl + click) click on your class 7 Pre-Engineering T32 is 3rd period, 7 Pre-Engineering T42 is 4th period to see the full assignment Quarantine Projects. Or on my website http://pms.nkschools.org/staff_sites/pre-engineering_dept/eaton_timothy/documents (Ctrl + Click to open) you will find the same assignment. This assignment will repeat each week for the rest of the year. **When you turn in your work Please include your full name and class period.** Thank you

Foods Science:

Ms. Fiorille Office Hours: Tuesday/Thursday 9-10am

This Week's Work:

This week I'd like you to clean out the refrigerator. Because the refrigerator door shouldn't be left open too long at one time, you may want to do this little by little throughout the day or over a few days. Start by removing all the items on the top shelf and wipe it down with a clean, wet cloth. Dry off the shelf. Wipe all containers and jars and place them back on the shelf. Continue with the next shelf until you have all shelves cleaned and organized. Then remove all the bottles, jars, etc. from the door and clean those shelves. Again, wipe down all the items before putting them back. Sometimes we find foods that we forgot about that may have gotten pushed to the back of the refrigerator or something that has passed its expiration date. Please consult with a parent before throwing anything away. Please email me with your parent's confirmation that you completed the job when you're done.

Life Skills

Life Skills:

Mr. Ragsdale Office Hours: Email me anytime at kragdale@nkschools.org and I will get back to you as soon as possible. Also, I will be calling you from my home office at least once a week to check in with what you might need to support your work on the assigned project.

This Week's Work:

Each student will receive, in the email address I have on file, a weekly project assignment that covers the reading, writing, math and social emotional/behavioral goals we have been working on all year. Please email me if you do not get your weekly project assignment.

Counselors, Librarian, Native Education Support and Therapists

Counseling:

Mr. Segur Office Hours: 1:00 – 2:00 dsegur@nkschools.org

Ms. Keltner Office Hours 9:00 – 10:00 mkeltner@nkschools.org

Reach out to us ahead-of-time via email **if you'd like us to call you during our office hours.**

Support and Social Emotional Learning For This Week: Check out the link to learn how to manage fears that you may be experiencing.

[Link to Counselor Corner](#) (May need to control-click to open)

Librarian:

Mrs. Rock Office Hours:

Librarian Notes and Support For This Week:

Textbooks and ELA class novels will be distributed to 7th graders who need them on Monday, April 20th from 11 a.m. to 12 p.m. near the main entrance of the school. A copy of the ELA novel will be available for each 7th grade student. Because the supply of other textbooks is limited, please only request a Math, Science, or Social Studies textbook if your student does not have access to the online version. In order to request physical copies of textbooks and ELA novels, please complete this form by Friday, April 17^h so we can have the books ready: <https://bit.ly/2xfAodj>

Book Returns: Please keep all library and textbooks safe until we are able to collect them later this spring. At this time, we cannot receive materials. All items are due June 8th.

Questions can be directed to Teacher-Librarian, Debbie Jo Rock, at drock@nkschools.org.

Occupational Therapist:

Mrs. Moseley's Office Hours: Monday – Friday 1-2pm (or by appointment).

Feel free to email me anytime if you have any questions.

lmackey-moseley@nkschools.org

OT Activities for Week of April 27th to May 1st:

Play UNO, other card game or complete 20 pieces or more of a jigsaw puzzle. (Executive Functioning)

Make up one new exercise, practice it, then teach it to someone. (Gross Motor)

Pick an interesting cloud or tree and draw it. (Drawing/Writing)

Make your bed and put away at least 10 clothing items. (Functional ADLs/iADLs)